

Winnipeg Parenting Programs

Agency/Organization	Programs Offered	Certificate of completion available?
Acorn Family Place 691 Wolseley Avenue 204-560-3141 www.acornfamilyplace.ca	<ul style="list-style-type: none">• Mindful Munchkins• Nobody’s Perfect• Caring Dads• Circle of Security	Yes
ANCR All Nations Family Resource Centre 627 Erin Street 204-944-4100 Child and Family All Nations Coordinated Response Network (ancr.ca)	<ul style="list-style-type: none">• Nobody’s Perfect• Triple P• Positive Discipline• Circle of Security Parenting• Traditional Parenting• General Parenting	Yes
Andrews Street Family Centre 220 Andrews Street 204-589-1721	<ul style="list-style-type: none">• Nobody’s Perfect	Yes
Better Fathering 794 Ellice Avenue 204-782-7987	<ul style="list-style-type: none">• Better Fathering: A Fathering Issues Series for Men (Offered through Zoom)	Yes
Family Dynamics 401-393 Portage Avenue 204-947-1401 Family Dynamics – Strengthening relationships and communities since 1936	<ul style="list-style-type: none">• Better Fathering• Anger and Assertiveness Group for Women• Parent Coach Program• Family Preservation• Family Supports for Newcomers• Families and Schools Together• Family Childcare Training Program	Yes
Healthy Baby Community Support Programs Healthy Baby Child and Youth Programs Province of Manitoba (gov.mb.ca)	Various locations throughout Winnipeg, see website for locations <ul style="list-style-type: none">• Healthy Start for Mom & Me (204-949-5350)• Building Healthy Families (204-560-1396)• Family Foundations (204-946-9153)• Baby and Me (204-255-4840)• Young Expectations (204-255-4840)• NorWest Baby Steps (431-276-2647)• Families Connecting (204-947-2422 ext.113)• Great Expectations (204-831-5950)• Young Parents Connecting (204-223-9450)• Bébés, parents, et gazouillements (204-981-5904)• Little Moccasins (204-586-8474)	No
Immigrant Centre 100 Adelaide Street 204-943-9158 Immigrant Centre Manitoba Inc. (icmanitoba.com)	<ul style="list-style-type: none">• Positive Discipline• Nobody’s Perfect• Newcomer Family Support Program• Wiggle Giggle and Munch	Yes
IRCOM Inc. (Immigrant and Refugee Community Organization of Manitoba) 95 Ellen Street 215 Isabel Street 204-943-8765 IRCOM Inc.	<ul style="list-style-type: none">• Early Childhood Development Hub• Parenting in Canada	Yes

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Ma Mawi Wi Chi Itata 204-925-0300 Community Care – Ma Mawi Wi Chi Itata Centre	Parenting Groups, 2 locations: McGregor Community Care Site 363 McGregor Street Phone: 204-925-6816 Spence Community Care Site 443 Spence Avenue Phone: 204-925-0348	Yes
Mosaic (Newcomer Family Resource Network) 397 Carlton St. 204-774-7311 Mosaic Newcomer Family Resource Network (mosaicnet.ca)	<ul style="list-style-type: none">• Positive Discipline for Everyday Parenting• Wiggle, Giggle and Munch• Parent Child Mother Goose• Handle with Care• Nobody’s Perfect• Bonding with Family Bookmaking• Bookmates Rock and Read Program• My Tween and Mw parenting Program• Mosaic HIPPY• Outdoor Play• Thriving in a New Home: Healthy Living• Bounce Back and Thrive• Circle of Security	Yes
Manitoba Metis Federation 150 Henry Avenue 204-586-8474 www.mmf.mb.ca	<ul style="list-style-type: none">• Nobody’s Perfect• Super Dads Super Kids• Circle of Security• Little Moccasins• The Little Metis Literacy Program• Maa-Maan Pi Soon Biibii	Yes
Mount Carmel Clinic 886 Main Street 204-582-2311 Mount Carmel Clinic	<ul style="list-style-type: none">• The Mothering Project• Parenting Student Support Program	Yes
New Directions for Children, Youth, Adults and Families 500-717 Portage Avenue 204-956-6560 New Directions – For Children, Youth, Adults & Families	<ul style="list-style-type: none">• Triple P• Circle of Security• Having a Good Visit• Family Therapy• Theraplay and other play-based Family Therapy	No
North End Women’s Centre 394 Selkirk Avenue 204-589-7347 North End Women's Resource Centre (newcentre.org)	<ul style="list-style-type: none">• Circle of Security	Yes
North Point Douglas Women’s Centre 221 Austin Street N 204-947-0321 www.npdwc.org	<ul style="list-style-type: none">• Family Tree Parenting• Women’s Warrior Circle	Yes

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NorWest Co-op Community Health 204-938-5900 NorWest Co-op Community Health	Various locations <ul style="list-style-type: none">• Baby Steps• Trauma Training• Parent and Child Counselling• InSight Mentor Program• Project Choices• Bright Start• Inkster Parent child Coalition• Teen Clinic	Yes
Thrive Community Support Circle 555 Spence Street 204-775-9934 Thrive Community Support Circle – Together we Thrive	<ul style="list-style-type: none">• Positive Discipline• Nobody’s Perfect• Nobody’s Perfect for Dads	Yes
Pluri-elles (Manitoba) 570 Des Meurons Rue 204-233-1735 Accueil - Pluri-elles (pluri-elles.mb.ca)	<ul style="list-style-type: none">• Les drogues et mon adolescent (My Adolescent and Drugs)• Écoute active (Active Listening)• Explorer notre rôle de parent – attachement et autres (Exploring our Parental Role – Attachment and Others)• Processus de deuil chez l’enfant (Grieving Process for Children)• Résolution de conflits (Conflict Resolution)• Sécurité chez mon enfant (My Child’s Safety)• Sexualité chez mon enfant (My Child’s Sexuality)• Trouble d’attention – hyperactivité (Attention Disorders – Hyperactivity)• Chansons, contes et comptines (Songs, Stories, and Tales)• Mon moment magique• Familles engagées• Gérer les électroniques chez mon enfant (Managing screen time for my child)• La dépression et l’anxiété (Depression and Anxiety)• L’épuisement parental (Parental Burnout)• Gérer les grandes émotions chez mon enfant (Managing Big Emotions in My Child)• J’apprends en famille (Learning in Family)• Triple P• Y’a personne de parfait (Nobody’s Perfect)• Grandir avec son enfant (Growing with your Child)• Mieux comprendre les défis de la génération 1.5 (l’enfant dans l’immigration) (Better Understanding the Challenges of the 1.5 Generation (Children in Immigration))	Yes
South Winnipeg Family Information Centre 800 Point Road 204-284-9311 South Winnipeg Family Information Centre (swfic.org)	<ul style="list-style-type: none">• Triple P• Triple P Stepping Stones• Anxiety in Children• Circle of Security• My Tween and Me• Dads Matter• Nobody’s Perfect• Pre-school and Toddler Series• One-on-one Parent Educator• Communicating with your Teen• Parenting Strategies and ADHD	No

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West Central Women’s Resource Centre 640 Ellice Ave. 204-774-8975 Home - West Central Women's Centre (wcwrc.ca)	<ul style="list-style-type: none">• Women’s Wellness Group• Red Road to Healing (Women)• Red Road to Healing (Men)• Empowering Parents• One-on-one support	No
Youville 6-845 Dakota St. 204-255-4840 Youville - Portal	<ul style="list-style-type: none">• Baby and Me	No