

## Winnipeg Parenting Programs

Agency/Organization	Programs Offered	Certificate of completion available?
<b>ANCR All Nations Family Resource Centre</b> 627 Erin Street 204-944-4100 <a href="http://www.ancr.ca">Child and Family All Nations Coordinated Response Network (ancr.ca)</a>	<ul style="list-style-type: none"> <li>• Nobody's Perfect</li> <li>• Triple P</li> <li>• Positive Discipline</li> <li>• Circle of Security Parenting</li> <li>• Traditional Parenting</li> </ul>	Yes
<b>Andrews Street Family Centre</b> 220 Andrews Street 204-589-1721	<ul style="list-style-type: none"> <li>• Nobody's Perfect</li> <li>• How to Talk so Kids will Listen</li> </ul>	Yes
<b>Better Fathering</b> 794 Ellice Avenue 204-782-7987	<ul style="list-style-type: none"> <li>• Better Fathering: A Fathering Issues Series for Men (Offered through Zoom)</li> </ul>	Yes
<b>Family Dynamics</b> 401-393 Portage Avenue 204-947-1401 <a href="http://www.familydynamics.ca">Family Dynamics – Strengthening relationships and communities since 1936</a>	<ul style="list-style-type: none"> <li>• Better Fathering</li> <li>• Anger and Assertiveness Group for Women</li> <li>• Parent Coach Program</li> <li>• Family Preservation</li> <li>• Family Supports for Newcomers</li> <li>• Families and Schools Together</li> </ul>	Yes
<b>Healthy Baby Community Support Programs</b> <a href="http://www.gov.mb.ca">Healthy Baby   Child and Youth Programs   Province of Manitoba (gov.mb.ca)</a>	Various locations throughout Winnipeg, see website for locations <ul style="list-style-type: none"> <li>• Healthy Start for Mom &amp; Me (204-949-5350)</li> <li>• Building Healthy Families (204-560-1396)</li> <li>• Family Foundations (204-946-9153)</li> <li>• Baby and Me (204-255-4840)</li> <li>• Young Expectations (204-255-4840)</li> <li>• NorWest Baby Steps (431-276-2647)</li> <li>• Families Connecting (204-947-2422 ext.113)</li> <li>• Great Expectations (204-831-5950)</li> <li>• Young Parents Connecting (204-223-9450)</li> <li>• Bébés, parents, et gazouillements (204-981-5904)</li> <li>• Little Moccasins (204-586-8474)</li> </ul>	No
<b>Immigrant Centre</b> 100 Adelaide Street 204-943-9158 <a href="http://www.icmanitoba.com">Immigrant Centre Manitoba Inc. (icmanitoba.com)</a>	<ul style="list-style-type: none"> <li>• Positive Discipline</li> <li>• Nobody's Perfect</li> <li>• Newcomer Family Support Program</li> <li>• Wiggle Giggle and Munch</li> </ul>	Yes

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<b>IRCOM Inc. (Immigrant and Refugee Community Organization of Manitoba)</b> 95 Ellen Street 215 Isabel Street 204-943-8765 <a href="#">IRCOM Inc.</a>	<ul style="list-style-type: none"> <li>• Nobody's Perfect (interpreters)</li> <li>• Wiggle Giggle and Munch</li> </ul>	Yes
<b>Ma Mawi Wi Chi Itata</b> 204-925-0300 <a href="#">Community Care – Ma Mawi Wi Chi Itata Centre</a>	Parenting Groups, 2 locations:  McGregor Community Care Site 363 McGregor Street Phone: 204-925-6816  Spence Community Care Site 443 Spence Avenue Phone: 204-925-0348	Yes
<b>Mosaic (Newcomer Family Resource Network)</b> 397 Carlton St. 204-774-7311 <a href="#">Mosaic Newcomer Family Resource Network (mosaicnet.ca)</a>	<ul style="list-style-type: none"> <li>• Positive Discipline for Everyday Parenting</li> <li>• Wiggle, Giggle and Munch</li> <li>• Parent Child Mother Goose</li> <li>• Handle with Care</li> <li>• Nobody's Perfect</li> <li>• Play to Learn, Learn to Play</li> </ul>	Yes
<b>Manitoba Metis Federation</b> 150 Henry Avenue 204-586-8474 <a href="#">www.manitobametis.com</a>	<ul style="list-style-type: none"> <li>• Nobody's Perfect</li> <li>• Super Dads Super Kids</li> <li>• Circle of Security</li> <li>• Little Moccasins</li> <li>• Triple P</li> <li>• Little Metis Sing with Me</li> </ul>	Yes
<b>Mount Carmel Clinic</b> 886 Main Street 204-582-2311 <a href="#">Mount Carmel Clinic</a>	<ul style="list-style-type: none"> <li>• The Mothering Project</li> </ul>	Yes
<b>New Directions for Children, Youth, Adults and Families</b> 500-717 Portage Avenue 204-956-6560 <a href="#">New Directions – For Children, Youth, Adults &amp; Families</a>	<ul style="list-style-type: none"> <li>• Triple P (in addition to the regular course they have 2 others specifically on attachment and traditional Aboriginal parenting)</li> <li>• Circle of Security (regarding attachment between baby and parent)</li> <li>• Having a Good Visit (program to help parents restructure and strengthen the family during visits with their children while they are in care)</li> <li>• Family Therapy</li> <li>• Children's Therapy</li> </ul>	No

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<b>North End Women's Centre</b> 394 Selkirk Avenue 204-589-7347 <a href="http://NorthEndWomen'sResourceCentre(newcentre.org)">North End Women's Resource Centre (newcentre.org)</a>	<ul style="list-style-type: none"> <li>• Circle of Security</li> <li>• Mom's Support Circle (attachment)</li> <li>• Working with Children Through Anxious Times</li> <li>• Extra Support offered for Moms</li> </ul>	Yes
<b>North Point Douglas Women's Centre</b> 221 Austin Street N 204-947-0321 <a href="http://www.northpointdouglaswomenscentre.org">www.northpointdouglaswomenscentre.org</a>	<ul style="list-style-type: none"> <li>• Nobody's Perfect</li> <li>• Women's Warrior Circle</li> </ul>	Yes
<b>NorWest Co-op Community Health</b> 204-938-5900 <a href="http://NorWestCo-opCommunityHealth">NorWest Co-op Community Health</a>	Various locations <ul style="list-style-type: none"> <li>• Anger Management</li> <li>• Positive Discipline</li> <li>• Triple P</li> <li>• Parent and Child Councilling</li> <li>• InSight Mentor Program</li> <li>• Project Choices</li> <li>• Bright Start</li> <li>• Inkster Parent child Coalition</li> </ul>	Yes
<b>Thrive Community Support Circle</b> 555 Spence Street 204-775-9934 <a href="http://ThriveCommunitySupportCircle-TogetherweThrive">Thrive Community Support Circle – Together we Thrive</a>	<ul style="list-style-type: none"> <li>• Positive Discipline</li> <li>• Nobody's Perfect</li> </ul>	Yes
<b>Pluri-elles (Manitoba)</b> 570 Des Meurons Rue 204-233-1735 <a href="http://Accueil-Pluri-elles(pluri-elles.mb.ca)">Accueil - Pluri-elles (pluri-elles.mb.ca)</a>	<ul style="list-style-type: none"> <li>• Communiquer avec son enfant (Communicating with my Child)</li> <li>• Discipline positive (Positive Discipline)</li> <li>• Les drogues et mon adolescent (My Adolescent and Drugs)</li> <li>• Écoute active (Active Listening)</li> <li>• Explorer notre rôle de parent – attachement et autres (Exploring our Parental Role – Attachment and Others)</li> <li>• Premier bébé, nouvelle maman (First Baby, New Mom)</li> <li>• Lutte de pouvoir (Power Struggles)</li> <li>• Processus de deuil chez l'enfant (Grieving Process for Children)</li> <li>• Résolution de conflits (Conflict Resolution)</li> <li>• Sécurité chez mon enfant (My Child's Safety)</li> </ul>	Yes

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<b>Pluri-elles (continued)</b>	<ul style="list-style-type: none"> <li>• Sexualité chez mon enfant (My Child's Sexuality)</li> <li>• Trouble d'attention – hyperactivité (Attention Disorders – Hyperactivity)</li> <li>• Chansons, contes et comptines (Songs, Stories, and Tales)</li> <li>• Communication mère fille (Mother Daughter Communication)</li> <li>• Communication mère fils (Mother Son Communication)</li> <li>• Communication père fille (Father Daughter Communication)</li> <li>• Communication père fils (Father Son Communication)</li> <li>• Groupe pour parents d'adolescent (Group for Parents of Adolescents)</li> <li>• J'apprends en famille (Learning in Family)</li> <li>• Parler pour que les enfants écoutent, écouter pour que les parents parlent (How to Talk so Kids Will Listen, And Listen so Kids Will Talk)</li> <li>• Triple P</li> <li>• Y'a personne de parfait (Nobody's Perfect)</li> <li>• Grandir avec son enfant (Growing with your Child)</li> </ul>	
<b>South Winnipeg Family Information Centre</b> 800 Point Road 204-284-9311 <a href="http://swfic.org">South Winnipeg Family Information Centre (swfic.org)</a>	<ul style="list-style-type: none"> <li>• Triple P</li> <li>• Triple P Stepping Stones</li> <li>• Anxiety in Children</li> <li>• Circle of Security</li> <li>• My Tween and Me</li> <li>• Dads Matter</li> <li>• Raising a Healthy Eater</li> <li>• Pre-school and Toddler Series</li> <li>• One-on-one Parent Educator</li> </ul>	No
<b>West Central Women's Resource Centre</b> 640 Ellice Ave. 204-774-8975 <a href="http://wrcwrc.ca">Home - West Central Women's Centre (wrcwrc.ca)</a>	<ul style="list-style-type: none"> <li>• Parent Mentor Program</li> <li>• Healing Together Program</li> <li>• Women's Wellness Group</li> <li>• Our Mothers Support Group</li> <li>• One-on-one support</li> </ul>	No

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<b>Wolseley Family Place</b> 691 Wolseley Avenue 204-560-3141 <a href="#">The Wolseley Family Place</a>	<ul style="list-style-type: none"> <li>• Triple P</li> <li>• Triple P Tween and Young Teen</li> <li>• Parents Exploring Anger</li> <li>• Nobody's Perfect</li> <li>• How to Talk so Kids will Listen</li> <li>• Setting Healthy Limits</li> <li>• Circle of Security</li> </ul>	Yes
<b>Youville</b> 6-845 Dakota St. 204-255-4840 <a href="#">Youville - Portal</a>	<ul style="list-style-type: none"> <li>• Breastfeeding Support Services</li> <li>• Baby and Me</li> <li>• Pregnancy and Postpartum during Pandemic</li> <li>• Nobody's Perfect</li> </ul>	No

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