

Winnipeg Parenting Programs

Agency/Organization	Programs Offered	Certificate of completion available?
ANCR All Nations Family Resource Centre 627 Erin Street 204-944-4100 Child and Family All Nations Coordinated Response Network (ancr.ca)	<ul style="list-style-type: none"> • Nobody's Perfect • Triple P • Positive Discipline • Circle of Security Parenting • Traditional Parenting 	Yes
Andrews Street Family Centre 220 Andrews Street 204-589-1721	<ul style="list-style-type: none"> • Nobody's Perfect • How to Talk so Kids will Listen 	Yes
Better Fathering 794 Ellice Avenue 204-782-7987	<ul style="list-style-type: none"> • Better Fathering: A Fathering Issues Series for Men (Offered through Zoom) 	Yes
Family Dynamics 401-393 Portage Avenue 204-947-1401 Family Dynamics – Strengthening relationships and communities since 1936	<ul style="list-style-type: none"> • Better Fathering • Anger and Assertiveness Group for Women • Parent Coach Program • Family Preservation • Family Supports for Newcomers • Families and Schools Together 	Yes
Healthy Baby Community Support Programs Healthy Baby Child and Youth Programs Province of Manitoba (gov.mb.ca)	Various locations throughout Winnipeg, see website for locations <ul style="list-style-type: none"> • Healthy Start for Mom & Me (204-949-5350) • Building Healthy Families (204-560-1396) • Family Foundations (204-946-9153) • Baby and Me (204-255-4840) • Young Expectations (204-255-4840) • Baby Feathers (204-982-4425/204-982-4563) • Families Connecting (204-947-2422 ext.113) • Great Expectations (204-831-5950) • Young Parents Connecting (204-223-9450) • Bébés, parents, et gazouillements (204-981-5904) • Little Moccasins (204-586-8474) 	No
Immigrant Centre 100 Adelaide Street 204-943-9158 Immigrant Centre Manitoba Inc. (icmanitoba.com)	<ul style="list-style-type: none"> • Positive Discipline • Nobody's Perfect • Newcomer Family Support Program • Wiggle Giggle and Munch 	Yes

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IRCOM Inc. (Immigrant and Refugee Community Organization of Manitoba) 95 Ellen Street 215 Isabel Street 204-943-8765 IRCOM Inc.	<ul style="list-style-type: none"> • Nobody's Perfect (interpreters) • Wiggle Giggle and Munch 	Yes
Ma Mawi Wi Chi Itata 204-925-0300 Community Care – Ma Mawi Wi Chi Itata Centre	Parenting Groups, 2 locations: McGregor Community Care Site 363 McGregor Street Phone: 204-925-6816 Spence Community Care Site 443 Spence Avenue Phone: 204-925-0348	Yes
Mosaic (Newcomer Family Resource Network) 397 Carlton St. 204-774-7311 Mosaic Newcomer Family Resource Network (mosaicnet.ca)	<ul style="list-style-type: none"> • Positive Discipline for Everyday Parenting • Wiggle, Giggle and Munch • Parent Child Mother Goose • Handle with Care • Nobody's Perfect • Play to Learn, Learn to Play 	Yes
Manitoba Metis Federation 150 Henry Avenue 204-586-8474 www.manitobametis.com	<ul style="list-style-type: none"> • Nobody's Perfect • Super Dads Super Kids • Circle of Security • Little Moccasins • Triple P • Little Metis Sing with Me 	Yes
Mount Carmel Clinic 886 Main Street 204-582-2311 Mount Carmel Clinic	<ul style="list-style-type: none"> • The Mothering Project 	Yes
New Directions for Children, Youth, Adults and Families 500-717 Portage Avenue 204-956-6560 New Directions – For Children, Youth, Adults & Families	<ul style="list-style-type: none"> • Triple P (in addition to the regular course they have 2 others specifically on attachment and traditional Aboriginal parenting) • Circle of Security (regarding attachment between baby and parent) • Having a Good Visit (program to help parents restructure and strengthen the family during visits with their children while they are in care) • Family Therapy • Children's Therapy 	No

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North End Women's Centre 394 Selkirk Avenue 204-589-7347 North End Women's Resource Centre (newcentre.org)	<ul style="list-style-type: none"> • Circle of Security • Mom's Support Circle (attachment) • Working with Children Through Anxious Times • Extra Support offered for Moms 	Yes
North Point Douglas Women's Centre 221 Austin Street N 204-947-0321 www.northpointdouglaswomenscentre.org	<ul style="list-style-type: none"> • Nobody's Perfect • Women's Warrior Circle 	Yes
NorWest Co-op Community Health 204-938-5900 NorWest Co-op Community Health	Various locations <ul style="list-style-type: none"> • Anger Management • Positive Discipline • Triple P • Parent and Child Councilling • InSight Mentor Program • Project Choices • Bright Start • Inkster Parent child Coalition 	Yes
Thrive Community Support Circle 555 Spence Street 204-775-9934 Thrive Community Support Circle – Together we Thrive	<ul style="list-style-type: none"> • Positive Discipline • Nobody's Perfect 	Yes
Pluri-elles (Manitoba) 570 Des Meurons Rue 204-233-1735 Accueil - Pluri-elles (pluri-elles.mb.ca)	<ul style="list-style-type: none"> • Communiquer avec son enfant (Communicating with my Child) • Discipline positive (Positive Discipline) • Les drogues et mon adolescent (My Adolescent and Drugs) • Écoute active (Active Listening) • Explorer notre rôle de parent – attachement et autres (Exploring our Parental Role – Attachment and Others) • Premier bébé, nouvelle maman (First Baby, New Mom) • Lutte de pouvoir (Power Struggles) • Processus de deuil chez l'enfant (Grieving Process for Children) • Résolution de conflits (Conflict Resolution) • Sécurité chez mon enfant (My Child's Safety) 	Yes

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Pluri-elles (continued)	<ul style="list-style-type: none"> • Sexualité chez mon enfant (My Child's Sexuality) • Trouble d'attention – hyperactivité (Attention Disorders – Hyperactivity) • Chansons, contes et comptines (Songs, Stories, and Tales) • Communication mère fille (Mother Daughter Communication) • Communication mère fils (Mother Son Communication) • Communication père fille (Father Daughter Communication) • Communication père fils (Father Son Communication) • Groupe pour parents d'adolescent (Group for Parents of Adolescents) • J'apprends en famille (Learning in Family) • Parler pour que les enfants écoutent, écouter pour que les parents parlent (How to Talk so Kids Will Listen, And Listen so Kids Will Talk) • Triple P • Y'a personne de parfait (Nobody's Perfect) • Grandir avec son enfant (Growing with your Child) 	
South Winnipeg Family Information Centre 800 Point Road 204-284-9311 South Winnipeg Family Information Centre (swfic.org)	<ul style="list-style-type: none"> • Triple P • Triple P Stepping Stones • Anxiety in Children • Circle of Security • My Tween and Me • Dads Matter • Raising a Healthy Eater • Pre-school and Toddler Series • One-on-one Parent Educator 	No
West Central Women's Resource Centre 640 Ellice Ave. 204-774-8975 Home - West Central Women's Centre (wrcwrc.ca)	<ul style="list-style-type: none"> • Parent Mentor Program • Healing Together Program • Women's Wellness Group • Our Mothers Support Group • One-on-one support 	No

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Wolseley Family Place 691 Wolseley Avenue 204-560-3141 The Wolseley Family Place	<ul style="list-style-type: none"> • Triple P • Triple P Tween and Young Teen • Parents Exploring Anger • Nobody's Perfect • How to Talk so Kids will Listen • Setting Healthy Limits • Circle of Security 	Yes
Youville 6-845 Dakota St. 204-255-4840 Youville - Portal	<ul style="list-style-type: none"> • Breastfeeding Support Services • Baby and Me • Pregnancy and Postpartum during Pandemic • Nobody's Perfect 	No

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